



**KNOX
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Sleep Appliance Consent Form

Your Panthera D-SAD device is a **Mandibular Repositioning Device (MRD)** that has been fabricated specifically for you. MRDs work to open your airway by bringing the lower jaw forward during sleep.

The use of a MRD is a decision that should be made with your physician and dentist. You should always have an inpatient sleep study performed by a certified sleep physician prior to the prescription of a MRD. You may not be a good candidate for a MRD if you have the following conditions:

- Jaw joint pain or jaw muscle tenderness
- Respiratory disorders such as asthma, COPD, or emphysema
- Severe obstructive sleep apnea
- You are under the age of 21 (your jaw may still be growing)
- You have a bite relationship that would worsen with jaw repositioning (e.g. Class III occlusion or underbite, anterior open bite)
- There are other underlying medical issues related to your sleep disordered breathing that have not yet been addressed (e.g. medication, neurological problems)

Advancing the jaw position is a subjective experience, as every person reacts differently to the new jaw posture. The therapeutic goal is to bring the lower jaw forward as little as possible while still opening the airway enough to create proper breathing during sleep. If you feel any discomfort or pain while wearing the device please remove it immediately and call us right away as you may need an adjustment. There is a small amount of tooth movement that can occur, but rarely there is significant tooth movement requiring intervention. If you feel that your bite has changed after wearing the device and this sensation persists for more than 30 minutes after removal please contact our office immediately for assessment.

MRDs are sometimes covered by extended medical insurance but they usually require both a letter of recommendation from a certified sleep physician and a treatment estimate from your dentist. Please ensure that you have these forms prior to treatment as you may not be covered, particularly if you have already been covered for a Continuous Positive Airway Pressure (CPAP) device. Many plans will not pay for both devices. In addition, we cannot submit to your policy in advance for this procedure as it is not considered a dental procedure; you will be required to submit your claim manually after treatment has been provided. If there is any way we can be of assistance to you regarding this we will be happy to help.

I have read the above information and understand the risks and benefits of MRD therapy. I understand the cost of treatment and the fact that it may or may not be covered by my extended medical insurance. I have also had a chance to have any additional questions answered prior to beginning treatment.

Patient's First and Last Name

Signature

Date